







WITH A PARTNER OR IN YOUR GROUP:

1. Share and Discuss what could be the positive perceptions of your Primary and Secondary Shapes.
 - Give an example of how the positive perceptions of your Shapes contribute to your ability to communicate effectively.
2. Share and Discuss what could be the negative perceptions of your Primary and Secondary Shapes.
 - Give an example of how the negative perceptions of your Shapes could hinder your ability to communicate effectively.

NEXT:

1. Review the Positive and Negative Perceptions listed on the back of this card.
2. Think of your own perceptions of the different Shapes.
 - Share and Discuss any blind spots that are connected to your positive perceptions.
 - Share and Discuss any negative perceptions that could cause you to overlook the positive contributions of a Shape or would hinder your ability to work effectively with that Shape.
3. Given that the Rectangle represents change and growth, and has the positive trait of being open-minded, what would be the benefit of looking through the lens of the Rectangle at the other four Shapes?

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SHAPE	POSITIVE	NEGATIVE
 Information and Structure	Objective, Consistent, Calm, Process-Minded, Detail-Oriented	Stubborn, Boring, Apathetic, Too Slow, Too Rigid
 Accountability and Results	Confident, Moves Quickly, Strong Opinions, Focused, Competitive	Egocentric, Leaves Others Behind, Intimidating, Intense, More "I" Focused than "We" Focused
 Change and Growth	Open-Minded, Asks Good Questions, Constantly Searching, Introspective, Excited	Indecisive, Confused, Reluctant to Commit, Needs Constant Reassurance, Anxious
 Connection and Engagement	Harmonizer, Emotionally Aware, Team Player, Caring, Good at Mentoring	Avoids Conflict, Too Sensitive, Enables Others, Takes on Too Much, Too Much Drama, Struggles with Holding Others Accountable
 Energy and Innovation	Creative, Flexible, Innovative, Spontaneous, Fun	All Over the Place, Struggles with Routine, Struggles with Follow-Through, Not Dependable, Takes Things too Lightly



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