



CONTENTS

Section One: Introduction

- Letter from Susan Hite, CEO and Innovator of PsychoGeometrics® 1
- About PsychoGeometrics: 2

Section Two: Workshop Slides & Activities

Welcome & Overview 5 - 7

- Workshop Agenda
- Course Objectives
- Resources
- Introductions

Module 1: Introduction to PsychoGeometrics 9

- About PsychoGeometrics 9
- The Shapes Assessment 10
- The Five Shapes 11
- What's your Shape? – Activity 13
- Module 1: Self Reflection 14

Module 2: Shape Perception: 15

- Perception Introduction 15
- Defining Shape Perception 17
- Shape Perception Activities & Discussion 18
- Module 2: Self Reflection 19

Module 3: Shape Flexing 21

- Flexing Introduction 21
- Defining Shape Flexing 22
- Steps for Shape Flexing 23
- Shape Flexing Activities & Discussion 23
- Module 3: Self Reflection 27

Module 4: Shape Motivation 29

- Motivation & Demotivation Introduction 29
- Defining Shape Motivation 30
- Shape Motivation Activities & Discussion 31
- Module 4: Self Reflection 33

Module 5: Strategic Shaping 35

- Strategic Shaping Introduction 35
- Strategic Shaping Activities & Discussion 37
- Module 5: Self Reflection 39

Review & Wrap Up 41


- Review of Five Modules & Course Objectives 41
- Shapes Workshop Reflection – Key Takeaways 42

Section Three: Knowledge Check

- Questions & Activities 43
- Answer Key 49


Workshop Agenda

- Welcome & Overview**
 - Course Agenda
 - Course Objectives
 - Resources
 - Introductions
- The Five Modules**
 - Module 1: Introduction to PsychoGeometrics
 - Module 2: Shape Perception
 - Module 3: Shape Flexing
 - Module 4: Shape Motivation
 - Module 5: Strategic Shaping
- Review & Wrap Up**

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Course Objectives

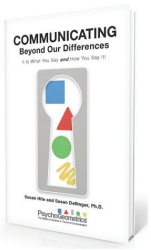
- **Understand** your communication style, including your strengths and challenges, and the communication style of others.
- **Recognize** the possible positive and negative perceptions of your communication style, and the style of others.
- **Learn** the skill of Shape Flexing to strengthen the effectiveness of your communication approach and responsiveness.
- **Discover** what motivates and demotivates you and others and adjust your communication accordingly.
- **Apply** the Strategic Shaping Model for planning, problem solving, and conflict resolution to strengthen your personal and professional relationships.


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Know your Resources

In your Shapes Toolkit you will find...

- Shapes Participant Workbook
- **Communicating Beyond Our Differences** Book
- Shapes Card Game
- Written "Scratch Off" Shapes Assessment
- Shapes Guide
- Shape Traits/Communicating with each Shape Card

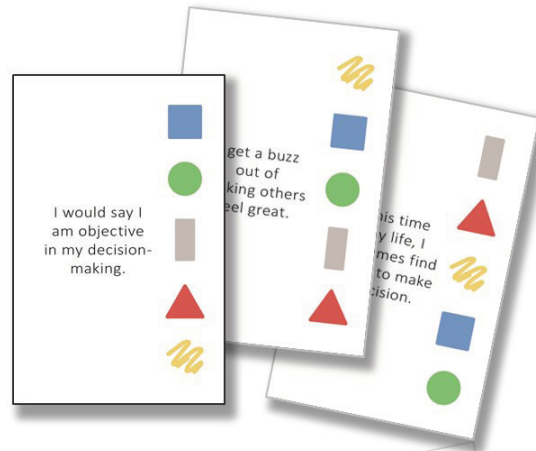


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Introductions

The Shapes Card Game

- Share your name.
- Share where you live.
- Read the statement on the card.
- Does it describe you? Why or why not?



Notes:

Module 1: Introduction to PsychoGeometrics



About PsychoGeometrics

What is it?

- The science of behavior and the art of communication.
- Featuring five geometric Shapes.
- Each Shape represents a different communication style.
- Learn your Shape when you take the Shapes Assessment.
- The Shapes Assessment consists of three parts:

1. Traits
2. Behaviors
3. How you relate to others



Notes:



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PsychoGeometrics 11

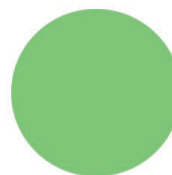
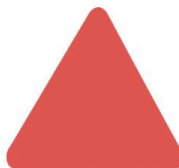
Just by looking at the Shapes:

1. What is your favorite Shape? _____
2. What is your second favorite Shape? _____
3. What is your least favorite Shape? _____

The Shapes Assessment

The Shapes Assessment By Sight

- Choose your favorite Shape.
- Choose your second favorite Shape.
- Choose your least favorite Shape.



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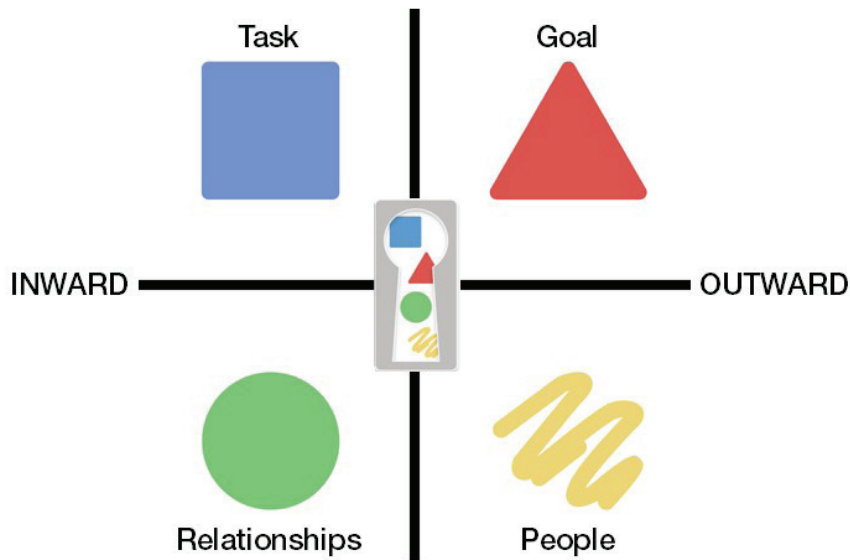
Take the Shapes Assessment Now



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PsychoGeometrics 15



Post Shape Assessment Questions:

1. What is your primary Shape? What did you score in that Shape?

2. What is your secondary Shape? What did you score in that Shape?

Notes:

Understanding Your Score

UNDERSTANDING YOUR SCORE

0-3 LOW – does not mean below average

4-6 MEDIUM – does not mean average

7+ HIGH – does not mean above average

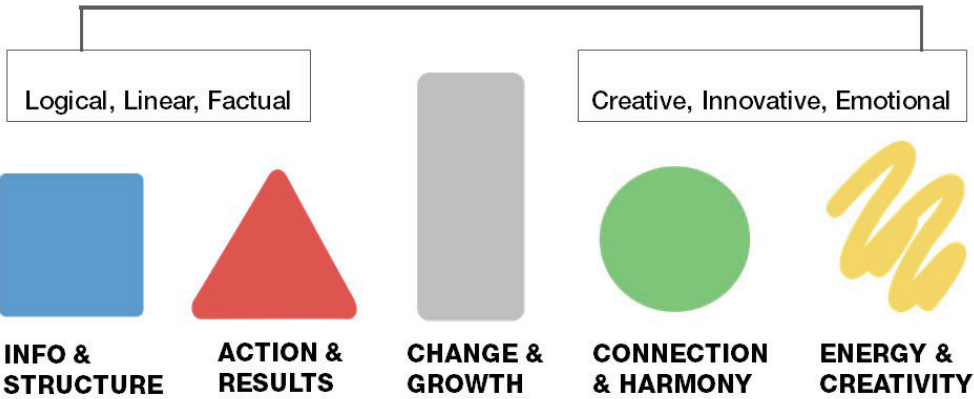
Just because you score “high” in a Shape does not necessarily mean you are good at using that Shape.

It means you have a high percentage of that Shape within you naturally, and you have the potential to be great at using it.

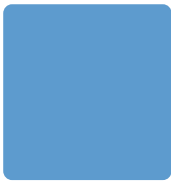
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Please use the following notes sections to capture information about each Shape.



BOX

“If you want it done right, do it yourself.”



TRIANGLE

“When I want your opinion, I will give you mine.”
